

**Get Involved in Your Green Trails!**

Are you looking for a way to get more involved in your community? Run for a Director position with the Green Trails Improvement Association (GTIA). GTIA is your homeowners association. The GTIA board consists of 15 directors – one per area – who are tasked with the job of keeping Green Trails’ common areas beautiful. Becoming a board member offers a unique volunteer opportunity to make a visible difference in your community.

This year, 7 of the 15 Board of Directors positions are up for election. At the beginning of October, an election ballot is sent to every homeowner in the areas up for election. If you don’t know the area in which you reside, check the mailing label on the back of this newsletter. Areas are referenced by the letters A through O.

The following areas in Green Trails will conduct an election for their GTIA Board of Directors representative for the duration of the designated term:

**3 Year**

<b>Area A</b>	Heritage Farms 3, 4, 5	3 Yr. Nov. 2010
<b>Area B</b>	Heritage Farms 1, Oaks Condos	3 Yr. Nov. 2010
<b>Area E</b>	Woodglenn West (North of Green Trails Dr. West of Golfview)	3 Yr. Nov. 2010
<b>Area L</b>	Surrey Ridge 4, Lakewood 1, Abbeywood Condo, Trails at Abbeywood	3 Yr. Nov. 2010
<b>Area N</b>	Tyrnbury, Torrey Pines	3 Yr. Nov. 2010

**2 Year**

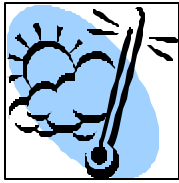
<b>Area F</b>	Collegewood, Huntington Woods, Woodglenn Lots 1 to 31	2 Yr. Nov.2009
<b>Area O</b>	Green Trails Apartments	2 Yr. Nov.2009

Anyone interested in seeking one of these positions must be a unit owner in the area represented. In order to have your name placed on the official ballot, please fill out the

*(please see Get Involved continued on page 4)*

The Green Trails Board meeting for August will be held in the training room at the Village of Lisle Police Department. (Short St. & Rt. 53) 7:30pm, August 14.

## Important Summer Heat Facts



Summer is the season where there can be extended periods of high heat and humidity and the Lisle-Woodridge Fire District offers the following information that is useful during this time.

You will be hearing the following terms on news and weather programs and from physicians and emergency personnel. It is important to understand what they mean and the proper precautions to take.

**Heat wave** – Prolonged period of excessive heat and humidity. The National Weather Service steps up its procedures to alert the public during these periods.

**Heat index** – A number in degrees Fahrenheit (F) that tells how hot it really feels when relative humidity is added to the actual air temperature. Exposure to full sunshine can increase the heat index by 15 degrees F.

**Heat cramps** - Muscular pains and spasms due to heavy exertion. Although heat cramps are the least severe, they are an early sign that the body is having trouble with the heat. Get the person to a cooler place and have them rest in a comfortable position. Lightly stretch the effected muscle and replenish fluids. Give them a half glass of cool (not cold) water every 15 minutes. Do not give them liquids that contain alcohol or caffeine as they can make the condition worse.

**Heat exhaustion** – Typically occurs when people exercise heavily or work in a hot, humid place where body fluids are lost through heavy sweating. Blood flow to the skin increases, causing blood flow to decrease to vital organs. This results in a form of mild shock. If not treated, the victim may suffer heat stroke. Heat exhaustion is exhibited by cool, moist, pale or flushed skin, heavy sweating, headache, nausea or vomiting, dizziness, and exhaustion although body temperature will be near normal. Get the person out of the heat and into a cooler place. Remove or loosen tight clothing and apply cool (not cold), wet cloths, such as sheets and towels. If the person is conscious, give them cool (not cold) water to

drink. Make sure they drink slowly. Give them a half glass of cool water every 15 minutes. Do not give them liquids that contain alcohol or caffeine. Let them rest in a comfortable position and watch them carefully changes in their condition.

**Heat stroke** – This is a life-threatening situation. Help is needed fast. The victim's temperature control system, which produces sweating to cool the body, stops working. The body temperature can rise so high that brain damage and death may result if the body is not cooled quickly. Heat stroke is exhibited by hot, red skin, changes in consciousness, rapid, weak pulse, and rapid shallow breathing. Body temperature can be very high – as high as 105 degrees F. If the person is sweating from heavy work or exercise, the skin may be wet; otherwise, it will feel dry.

Quick action is needed as this is a very dangerous situation. **CALL 9-1-1 IMMEDIATELY!** Move the person to a cooler place. Quickly cool the body. Immerse the victim in a cool (not cold) bath or wrap wet sheets or towels around the body and fan it. Watch for signals of breathing problems. Keep the person lying down and continue to cool the body any way you can. If the victim refuses water, is vomiting or there are changes in their level of consciousness, do not give them anything to eat or drink.

**Sunstroke** - Another term for heat stroke. If a heat wave is predicted or is occurring follow these precautions.

**Slow down.** Avoid strenuous activity. If you must do strenuous activity, do it during the coolest part of the day, which is usually in the morning between 4 AM and 7 AM. Stay indoors as much as possible. If air conditioning is not available, stay on the lowest floor, out of the sunshine. Try to go to a public building with air conditioning each day for several hours. Remember, electric fans do not cool the air, but they do help sweat evaporate, which cools your body.

*College Road  
neighbors—*



*Share some water:  
Our small trees are  
thirsty!  
Please give our  
small evergreen  
trees a drink during  
dry periods.*

*(please see Summer continued on page 8)*

## Summary of GTIA Board Meeting Tuesday June 12, 2007

President, Peter Bakas called the meeting to order at 7:40 PM at Village of Lisle Police Department Conference Room. Board members present: Peter Bakas, John Charicki, Joan Dudas, Rob Getz, Linda Gilbert, Marg Hough, Gerry Jackson, Terri Kolman, Les Lavin, Betty Long. Board members excused: Pat Coughlin-Schillo, Rodd Elges, Tom Maslanka, Gail Robinson. Board Member Absent: Julie LaFond. Management: Joe and Joanne Broda. Paula Gleason was Recording Secretary. A quorum was present.

**Open Forum:** A GTIA resident who serves on the Lisle Area Chamber of Commerce, the Lisle Woman's Club and Mayor Broda's Transportation Committee was in attendance.

**Minutes of the Prior Meetings:** Minutes of the prior meeting were reviewed. Betty Long requested that the minutes reflect she arrived late for the May meeting. Also, in the second sentence under Parks Committee, the phrase "Timber Park" should be amended to read "Timber Park playground".

**Board Motion:** Marg Hough moved to approve the minutes of the May meeting as amended, Terri Kolman seconded. The motion passed by unanimous voice vote.

**Treasurer's Report:** John Charicki reviewed the May Balance Sheet and Income and Expense Statement. It was noted a CD would be coming due on 6/22; the consensus of the Board was to reinvest this CD for 12 months with Lisle Bank @5% (or better if available).

**Board Motion:** Betty Long motioned to accept the revised check register expenditures of \$39,649.02 for June, Gerry Jackson seconded. Motion was passed by unanimous voice vote.

**Management Report:** Telephone log line items were reviewed. Burnett Electric queried Management if GTIA had ever considered aluminum light poles. Management will look into advantages, disadvantages and costs of aluminum poles.

Resident of HF1024 requested replacement of a timber retaining wall that is on GTIA common area. The consensus of the Board was to put expense on list for next year's budget.

Management noted that there have been a total of 32 College Green apartment-condo conversions, with 64 left to be converted.

Management distributed photos of the GTIA bench as submitted for the Lisle Art Project. The GTIA bench looks like a large daisy and is currently on display at the

(please see *Minutes* continued on page 7)

### Green Trails Improvement Association Board of Directors

**Peter Bakas** - President - Area N, TYN-APC  
**Leslie Lavin**, Vice President - Area E, WGL(W)  
**John Charicki** - Treasurer - Area F, CWD, HTW, WGL 1-31  
**Betty Long** - Secretary - Area B, HF1, OKS  
**Tom Maslanka** - Area A, HF3, 4&5  
**Marge Hough** - Area C, WV1,2,TLO  
**Joan Dudas** - Area D, HF2, WGL (E)  
**Linda Gilbert** - Area G, PRM  
**Pat Coughlin-Schillo** - Area H, GR1 &2, LWS, SR5  
**Gerald Jackson** - Area I, SR1  
**Terri Kolman** - Area J, SR2, BLM  
**Julie LaFond** - Area K, SR3, LW2  
**Rodd Elges** - Area L, SR4, LW1, AWC, CG apts.  
**Gail Robinson** - Area M, HPT  
**Rob Getz** - Area O, GT apts.

Green Trails Pathfinder is a newsletter of the  
Green Trails Improvement Association

Board Meeting is on the second Tuesday of the month.  
All Green Trails residents are welcome.  
**NEXT MEETING: August 14, 2007**  
7:30 p.m. Lisle Police Department

#### PROPERTY MANAGER

**JRM Properties, Inc.**

P.O. Box 3106  
Lisle, IL 60532  
(630)961-7456  
Joanne Broda

Please call JRM Properties if  
you need information or have  
questions regarding Green Trails.

Visit our Green Trails  
website at:

[www.greentrails.org](http://www.greentrails.org)

Or E-Mail us at:

[gtia@greentrails.org](mailto:gtia@greentrails.org)

#### GTIA Yearly Assessment Policy

Assessments are paid annually. The billing for the new year's assessment will be mailed out no later than Nov. 29th. Payment is due Jan. 1st. If payment is not received by Feb. 1st, an administrative fee is added to the assessment. If an owner does not receive an invoice by Dec. 10th, notify management immediately. GTIA policy states the homeowner is responsible for paying on time, with or without the invoice. If your address has changed, or if you have any questions regarding your bill, call Joanne Broda at JRM Properties at 961-7456.

#### SELLING? REFINANCING?

Anyone selling or refinancing within the Green Trails Improvement Association area should require a letter from JRM Properties, Inc., regarding their status of the yearly assessment charge. Requests for such may be called into the Management Office or requested by letter. Information to provide is as follows: 1) Property address; 2) Seller's attorney name and phone number; 3) Buyer's name; and 4) Date of closing. All this information will be required no less than 14 days prior to the close. If notice is given less than 14 days prior to closing, a \$25 fee will be assessed. JRM Properties, Inc. P.O. Box 3106, Lisle, IL 60532. Contact Joanne Broda, 961-7456.

Please read the box on the  
Classified page for instructions  
on how to submit an ad.  
Commercial ads should submit  
to address at right.

#### EDITOR

Jan Seeden  
305-3977

E-Mail stories to:  
[pathfinderads@comcast.net](mailto:pathfinderads@comcast.net)

For Commercial Ads  
Contact Pam Shuta  
**ARBOR**

Printing & Graphics  
5100 Academy Dr., Ste 100  
Lisle, IL 60532  
969-2277

application below and send it to JRM Properties, Inc., P.O. Box 3106, Lisle, IL 60532-8106. Or, you can send an e-mail to [gtia@comcast.net](mailto:gtia@comcast.net). All candidate applications must be received no later than 5:00 p.m. on September 10, 2007.

**YES! I would like to be a candidate in the GTIA Board elections**

Candidate for Area \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_

GTIA Account Number \_\_\_\_\_

**\*\*Please attach a paragraph or two describing yourself and your interest in this position.**

I am a homeowner in good standing with the Green Trails Improvement Association

Candidate's Signature \_\_\_\_\_

**Mail to:** JRM Properties, Inc.  
P.O. Box 3106  
Lisle, IL 60532-8106

Must be received by 5:00 p.m. on September 10, 2007

*What does GTIA do?*

GTIA's main responsibility is to maintain 16 of the 26 miles of paths that wind their way through the Green Trails subdivision. The other 10 miles are maintained primarily by the Lisle Park District. GTIA also maintains 198 lights along those 16 miles of trails and maintains the areas around the 5 Green Trails welcome signs. GTIA operated on an approximate budget of \$400,000 for 2006.

*What do board members do?*

Board members meet in the evenings on the 2<sup>nd</sup> Tuesday of each month. Meetings typically are held at Kennedy Junior High, but the location may vary and any changes in location are printed in the Pathfinder newsletter before the meeting. The meetings can last anywhere from 30 minutes to 2 hours. Board

members also serve on committees where their talents can best be put to use. Committees may meet a few times per year.

*Why are there so many openings for board members?*

Typically, 5 board positions (one-third) are up for election each year. However, due to a lack of candidates in previous elections, some board members have been appointed to their positions. Appointed board members live in Green Trails, but do not necessarily live in the area that they represent. These positions, therefore, are put up for election. If you live in an area whose position is not up for election and you want to be considered for an appointed position, please contact management.

If you would like to know more about what is involved in being a board member or need more information on becoming a candidate, please call management at 961-7456 or contact the current board member for your area. To see the Board of Directors in action, come to one of our meetings at 7:30 p.m. on the second Tuesday of every month. Watch the Pathfinder or check the [www.greentrails.org](http://www.greentrails.org) Web site for information about the location of the next meeting. Your involvement makes a difference in Green Trails!

## Green Trails Classified Ads

Green Trails residents may submit ads and articles for publication in the Pathfinder free of charge according to approved guidelines:

1. Ads must be received by the editor on or before the 10<sup>th</sup> of each month to be considered for publication. Ads may be sent by e-mail or by USPS. If sent by USPS, the ads must be typed or printed on 8 ½ X 11 paper.  
(2207 Ridgewood Road - Lisle)
2. Ads must include the residents GTIA Account Number (as found on their Pathfinder label), name, address, telephone number and/or e-mail address.
3. Ads will be limited to 25 words.
4. Renewal ads must be re-submitted each month according to these guidelines.
5. Ads that do not meet policy guidelines will not be printed.
6. Ads for businesses will not be accepted for free publication.
7. First-time classified ad submissions will take priority over repeat ads, and the editor will have discretion over revisions to ads.

### DISCLAIMER

The Green Trails Improvement Association does not endorse any of the products or services listed in the Pathfinder.

### SUBMITTING CLASSIFIEDS

- Classifieds must be renewed monthly via e-mail with "pathfinder" in the subject line.
- No phone-in ads or phone renewals.
- Classifieds should be sent to Jan Seeden at: [pathfinderads@comcast.net](mailto:pathfinderads@comcast.net).

**Questions:** Call Jan at 305-3977.

### FOR SALE:

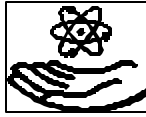
- Sofa & loveseat \$250; oversize chair \$50; neutral colors. Corner computer desk \$40; Toddler trampoline \$25; school desk w/lift top \$25; water table \$25; bikes - boy & girl 20" \$10 each; Sit & Stand stroller \$40; Stainless steel gas grill 1 yr. old, Orig. \$1000, sell \$300. 983-6824. Leave message - will return call.
- Formica bookcase, lt. brwn., maple wood grain, 60Wx4.5Hx11.5D, 6 shelves, fixed toeplate, \$150 OBO. Jim @416-0763.
- Junior bedroom furniture: Twin headboard, nightstand, 6 dresser drawer (long) with mirror, 6 dresser drawer (tall), and desk with chair. Light cherry with floral accents. Whole set, \$750 OBO. Jennifer 740-0999.

- Full Size Ping Pong Table - Folds up and rolls around. Only used a few times. Like new condition, \$70.
- Furniture Set - Solid Wooden Desk, Small Dresser, Tall Dresser - Great Condition, \$200. Call 428-2584.
- Play house, Little Tikes imagine sounds, \$85. Burley d' lite bicycle trailer for 2 children, stroller kit included, \$250. Linda 778-1375.
- Baseball bat. Easton Stealth CNT SC900 model. 32" length, 23oz weight. Purchased new this season. Excellent condition. \$150. Tom 305-0096.
- Luggage; walky-talky set; camera; Florida timeshare; CD disc player/radio/recorder; toys; jewelry; women's clothing; HP ScanJet 5p; kitchen items; Johann Haviland Bavarian white china; misc. Best offer. Debbi 880-7250.
- 5 chairs, one table, 2-piece hutch. All wooden. Table folds down on both sides. Asking \$450. Call 550-2438.
- Table top microwave, perfect for dorm room, \$15; Octagon wood poker table with padded top, seats 8, \$20. Call: 724-9015.
- Laptop Dell Latitude C810 PIII 1.13Ghz, 512MB, 60GB, 15" screen, wireless 802.11b, carrying case, WinXP/Office - \$225.00; Victor 357-1397.
- Upright freezer 13.8 cf \$50; 9 HS gymnastics practice leotards M/L \$10-25 each; 13 HS Dance/Prom dresses XS to sz 6 \$10-50 each. 369-8787.
- 1995 Cadillac Eldorado, 100K miles. V8 North Star 32 valve. Leather interior. Great shape inside and out. \$7500. Phone 961-1691.
- Oak w/white top finish kitchen table w/removable leaf and six chairs, \$125; square glass coffee table \$25; Call Donna 416-9160.
- Lovely 3 bedroom, 2 bath, finished basement in Green Trails, \$289,900.00. Call 698-1220.
- Queen sleeper sofa, 3-cushion, 85", tuxedo style, grey/blue/tan cotton print, loose-back pillows, 2 loose arm pillows. Bed used only twice a year. Call 305-0571.
- White Sox Tickets. 2 Lower box seats & parking pass for the following games. Sunday, Aug. 12th vs. Seattle @ 1:05, \$115. Sat. Sept 8th vs. Minn. @ 2:55, \$125. Sunday, Sept. 9th vs. Minn @ 1:05, \$125. 420-0260.
- 11hp Honda GX340, side shaft, 3600 rpm, includes rolling frame. Powers a 6000 watt generator or 3500psi pressure washer, or huge go-cart, \$500; Keys Fitness Pro 400 Folding treadmill, 3.0hp motor, \$75; German beer mugs (not steins) \$10/ea. Don, evenings, 428-8425.
- Thomas the Tank Engine toys/books: Take-a-long coal mine with 5 metal trains \$30; Sodor fix-it station \$8; "The Complete Collection" Thomas stories \$10; Other Thomas books \$1-4. Toddler pushing/riding toys \$5 each. Portable closet \$10. Call 420-8717.

(please see Classifieds continued on page 6)

## Green Trails resident publishes book with award-winning photographs

Dr. Weimin Wu, a residence of Lisle since 1995 and a physicist from Fermilab (Fermi National accelerator Laboratory) has recently published a book "The Beauty



of Physics". This is a unique photography book, which all pictures were taken by Dr. Wu from a physicist's eye and mind. This book is a labor of love for Dr Wu whose favorite photography subjects are ordinary events which capture the heart of the common folks. The cameras Dr Wu uses may not be the most sophisticated but the images he has taken are truly striking.

The introduction written by Dr. Rick Vidal of Fermilab and was endorsed by Dr. Leon Lederman, Nobel Laureate in Physics (1988).

Being a physicist by training, Dr Wu was among the pioneer scientists who helped to develop China's first atomic bomb and to launch its first satellite. He also participated in building the first Chinese electron-positron collider. Another extraordinary feat is that he sent out the very first e-mail from China on 25 August 1986.

This book not only contains an award-winning collection of photographs, it also includes an article chronicling China's history for the past 50 years based on Dr. Wu's personal experience. Also included is an article titled "My Picture Stories", which describes the photographs from a physicist's point of view. Any resident from Green Trails who purchases this book can get it autographed by calling Dr. Wu at 840-2710.

*(Classifieds, continued from pg 5)*

- Refrigerator: GE Profile white side by side (23.6 cu ft), \$300; Microwave: GE Spacemaker white, with exhaust fan, \$50. Call 357-2881.

### SERVICES:

- Housecleaning: Housewife has a few openings. Has lived in area for 20 years. Responsible and dependable. Call Marcia 416-0763.
- Need a website? GT resident experienced in providing high quality websites for large and small businesses. Contact Mike at 408-8364.
- Math Tutor: M.A. in Mathematics, B.S. in Mathematics. Minors in English and Education. Tutoring experience includes math K-Calculus I, K-8 Reading and Language Arts, all ACT and SAT areas. 717-0812.
- All about Spot: Certified dog trainer and life-long animal lover offering dog walking, pet sitting, basic obedience training. Call Linda 719-2473.
- Evenings/Weekend Childcare service offered at your home by a CPR-certified, DCFS-qualified Childcare Teacher. Tyrnbury resident. Phone: 357-9099.
- Pants too long/seams coming apart? Get them repaired at a reasonable rate. Tyrnbury resident. 357-9099.
- 6th grade girl who has completed classes and is certified to baby-sit is available evenings and weekends. Call Amy at 637-1812.
- Golf Lessons/tune-ups: Summer specials for seasoned golfers as well as beginners. Call Dave (USGFT certified) at 369-8787.
- Home Repairs: All kinds of repairs, remodeling, and handyman services for your home. No job too small. Contact Gary 420.1033.

- Home Theater, from a simple plan to an elaborate design, phone systems, computer installation and trouble solving, indoor and outdoor lightning, and more - call George Wellner 420-9023.
- Handyman: Some assembly required Indoor or outdoor projects, if it is not working, call us. 420.9023 George.
- Tutoring: Kindergarten through College. All subjects, test preparation and organization. Screening and programs for Dyslexia and ADD. Emphasis in reading, math, writing and related subjects. ACT/SAT, etc. Internet tutoring available. Contact Cheryl, 420-1033.

### FREE:

- Tall white laminate cabinet, tall white laminate bath étagère. Call 420-8717.
- Toddler dump truck sandbox, free. Linda 778-1375.

### WANTED:

- 3br/2ba rental within KJHS boundary. 3 or 4 year lease agreement. Contact Don, evenings, 428-8425.

### FOR RENT:

- Luxurious Mountain Condo. WinterPark, CO. 1 BR sleeps 4. Fully furnished including kitchen. Deck overlooking Continental Divide. Mountain biking, hiking, whitewater rafting, alpine slide. Phone 460-0010.
- Highpoint Townhome. Pool, new carpet, pergo and paint. All appliances incl. W/D. 2BR, 2BA, family room, basement. Phone 460-0010.

### LOST:

- Samsung S500 digital camera on July 6th. Please call Dick or Kandi at 630-416-6265 if found. Camera not that valuable but pictures on it are priceless.

(Minutes, continued from pg 3)

south side corner of Main Street and Burlington.

Management stated that a delinquent unit has been sold, however the 2006 past due amount was not recognized by the court and there is an uncollectible balance remaining.

**Board Motion:** Betty Long motioned to declare as uncollectible the amount of \$223.49 for a delinquent unit, Marg Hough seconded. Motion was passed by unanimous voice vote.

At management's request, Greg Moore submitted a proposal to kill the grass, cut in a bed and install mulch around bushes in the maintenance problem area on South College Road. Total cost of each of the beds would be \$265. Since management has already treated the grass, \$45 may be deducted from each bed area when completed. The Board agreed this project should be accomplished as soon as possible.

Management provided a list of May 2007 newcomers. Board Directors are encouraged to call on newcomers in their respective areas.

**Finance Committee/Maintenance Committee:**  
The Finance Committee and Maintenance Committee

will meet jointly between now and August to schedule projects and discuss next year's budget.

**Communications Committee:** Marg Hough reported that the Communications Committee will meet soon to discuss Pathfinder issues.

**Parks Committee:** Betty Long stated that concrete has been poured at Timber Park playground.

**Nominating Committee:** No report.

**Old Business/New Business:** None

**Area Reports:** None

**Executive Session: Board Motion:** Rob Getz motioned to adjourn to Executive session, Joan Dudas seconded. The motion was passed by unanimous voice vote at 8:35 p.m.

**Board Motion:** Betty Long motioned to adjourn the Executive session, Linda Gilbert seconded. The motion was passed by unanimous voice vote at 8:55 p.m.

**Adjournment: Board Motion:** There being no further business, Marg Hough motioned to adjourn the meeting, Joan Dudas seconded. The motion was passed by a unanimous voice vote; Meeting was adjourned at 8:57 pm. Respectfully Submitted, Paula Gleason, Recording Secretary

## STEEPLE RUN SCHOOL AUGUST NEWS

- ★ **School office hours** for the summer are as follows: **8/8-8/10:** 8:00a.m.-12:00 noon; **8/13-8/17:** 8:00a.m.-2:00p.m.; **8/20:** regular office hours resume.
- ★ **New Students** should **register** during the week from **9:00a.m.-2:00p.m.**, at the **District Administration Building** at 203 W. Hillside. Parents should bring proof of residence and an original birth certificate for the student with them. Please do **not** wait until our school hours resume to register.
- ★ **Home & School** will be conducting school **tours** for **new students** and **incoming PI Plus** students on **8/15**, at **10:00a.m.** and **11:00a.m.**
- ★ **Class lists**, for the 2007-2008 school year, will be posted on the front windows of the school at **5:00p.m.**, on **8/15**. Only students whose registration packets have been returned and fees have been paid, will have their names listed.
- ★ **1<sup>st</sup> – 5<sup>th</sup> grade supply packet pick-up**, for supplies pre-ordered through Home & School, will be available from **5:00-7:00p.m.** on **8/15**, in the gym. Kindergarten supplies will be delivered directly to the classrooms in bulk for pick-up at a later date.
- ★ **The first full day** of school for **1<sup>st</sup>-5<sup>th</sup> graders** only is **8/20: 8:15-2:30p.m.** Don't forget to bring gym shoes and lunches!
- ★ Home and School will sponsor its annual "**Welcome Back Coffee**" on **8/20**, from **8:15-9:15a.m.**, in the **LRC**.
- ★ On **8/20 & 8/21, kindergarteners**, along with their **parents**, will meet in small groups with the classroom teachers. Notification of assigned date and time will be sent home at a later date.
- ★ **8/22** is the **first regular day** of school for **kindergarteners**. **A.M. Kindergarten 8:15a.m.-10:45a.m.; P.M. Kindergarten 12:00-2:30p.m.**
- ★ **Curriculum Nights** are as follows: **8/28: KAM- 6:30p.m.; 1<sup>st</sup>- 7:00p.m.; KPM-7:30** **8/29: 2<sup>nd</sup>- 6:30; 3<sup>rd</sup>-7:30** **8/30: 5<sup>th</sup>- 6:30; 4<sup>th</sup> & 5<sup>th</sup> PI Plus-6:30; 4<sup>th</sup> & 5<sup>th</sup> PI- 7:00; 4<sup>th</sup> & 5<sup>th</sup> Honors Math-7:15; 4<sup>th</sup>- 7:30**
- ★ The **5<sup>th</sup> Grade Outdoor Education Parent Meeting** will take place at **6:00p.m.** on **8/30**, in the **LRC**.
- ★ Steeple Run's Annual "**Gift Wrap Sale**" will Kick-Off on **8/31**. Look for information to be coming home with the students.
- ★ **Market Day pick-up** is scheduled for **8/31** from **5:45-6:30**, in the gym.

### Looking ahead to September:

There will be **no school** on **9/3**, in honor of Labor Day.  
School Picture Day is **9/6**.



We are looking forward to another great year at Steeple Run! **WELCOME BACK SUPERSTARS!!!!**

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## Summer Safety Tips

The Lisle-Woodridge Fire District wants all of its residents to enjoy a marvelous, fun-filled summer. To accomplish this, the District wishes to remind its residents of certain seasonal-related dangers to avoid.

### Barbeque Safety

- ✓ When using barbeque grills on decks or patios, be sure to leave sufficient space from siding, fences and eaves.
- ✓ Never leave a barbeque grill unattended.
- ✓ With charcoal grills, only use charcoal lighter fluids designated for barbeque grills, follow directions on the container and, DO NOT add fluid once the coals have been lit.
- ✓ With gas grills, be sure that the gas hose connection is tight and check hoses often for leaks. Applying soapy water to the hoses will easily and safely reveal any leaks.
- ✓ Always follow the manufacturer's instructions and, if necessary, have the grill repaired by a professional.



### Water/Boating Safety

- ✓ Swim only in approved areas.
- ✓ Always supervise children near water at all times and make sure that children learn to swim.
- ✓ Check the depth of water before jumping in.
- ✓ Always wear a U. S. Coast Guard approved personal flotation device when boating, jet skiing, tubing or waterskiing. Air filled swim aids, such as water wings or innertubes, ARE NOT substitutes for approved personal flotation devices.
- ✓ Be sure to extinguish all smoking materials and shut down motors, fans and heating devices before fueling a boat. In case of a spill, wipe up the fuel immediately and check the bilge for fuel leakage and odors. After fueling and before starting the boats motor, ventilate the bilge with the blower for at least four minutes.



### Camping Safety

- ✓ Always use a flame retardant tent and set up camp away from the campfire.
- ✓ Only use flashlights or battery-powered lanterns inside the tent or any other space. Do not use liquid filled heaters or lanterns.
- ✓ Always build campfires down wind, away from your tent. Clear all vegetation and dig a pit surrounded by rocks before building your campfire.
- ✓ Always put out a campfire when going to sleep or leaving the campsite. To extinguish the fire, cover it with dirt or pour water over it.

### Pool /Hot Tub/ Spa Safety

- ✓ Constant supervision is required whenever any child is in, near, or has access to a pool or hot tub/spa.
- ✓ Place barriers such as a fence or wall at least four feet tall with a self-closing, self-latching gate around your pool to prevent access.
- ✓ Keep furniture that could be used for climbing into the pool or pool area away from the pool.
- ✓ Do not leave pool toys or floats in the water when not being used. These may attract children to the pool.
- ✓ Use a power safety cover – a motorized barrier that is placed over the water area – when the pool is not in use.
- ✓ To prevent body or hair entrapment or entanglement, have a qualified pool professional inspect the drain suction fittings and covers on your pool or hot tub/spa.
- ✓ For above-ground pools, steps and ladders to the pool should be secured and locked or removed then the pool is not in use.
- ✓ If a child is missing ALWAYS look in the pool first. Seconds count in preventing death or disability.
- ✓ LEARN CPR!



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(Summer, continued from pg 2)

**Wear light-colored, lightweight clothing.** Light colors reflect away some of the sun's energy.

**Drink plenty of water regularly and often** – Your body needs water to keep cool. Drink plenty of fluids even if you do not feel thirsty. Water is the safest liquid to drink during heat emergencies. Avoid drinks with alcohol or caffeine in them. They can make you feel good briefly, but make the heat's effects on your body

worse. This is especially true about beer, which dehydrates the body.

**Eat small meals and eat more often** – Avoid foods that are high in protein, which increases metabolic heat.

**Avoid using salt tablets** unless directed by a physician. Knowing what to look for and what to do will be useful in these emergency situations.

For more information on this or any EMS program offered by the Lisle-Woodridge Fire District, please contact Bureau Chief Dan Anderson at 353-3000.